

My name  
is Tracy.



I attend Rowan's Changing Images project.

I take part in activities such as art and crafts. I also help run the Rowan Tuck shop and learnt skills such as merchandising, budgeting, stock control, sorting the petty cash and banking.

Rowan also supports me in the weekly volunteering I do at a local charity café. I am continuing accredited training in retail and IT skills

## Courses offered:

Rowan Art centre offers arts based courses with accredited qualifications in studio practise, art techniques as well as life skills training and skills maintenance.

### **Ceramics and Glass Studio**

In our well-resourced and friendly studio, you have the opportunity for self-expression and creativity, building self-esteem and confidence.

### **Sculpture and Wood Studio**

Using wood, stone, metal and other media to create bespoke and unique sculptural art pieces, this is a busy and exiting studio for those who like activity and in the process learn work and life skills.

### **Changing Images**

Interested in Painting, Drawing, Photography, Paper crafts, Beading etc. we promote self-expression, discovery and development of latent creative and social skills.

See [www.rowanhumberstone.co.uk](http://www.rowanhumberstone.co.uk) for further information.

## About Rowan

We are a local 'arts based' charity that has been providing opportunities for adults with learning disabilities for over 25 years.

## City location

Rowan Art centre is located NW of the Cambridge City centre with ample parking and is easily accessed by public transport.

### Contact details

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